

# TELUS Health Care Centres Take better care of your people.

Keep employees healthy and happy with a wide range of health programs that lets you offer more support seamlessly and efficiently.



## Good health is good business.



Support the health and longevity of your employees.



Cultivate a healthy work culture.



Support work/life balance.



Help increase efficiency to reduce stress.

## Did you know?

**9/10 employees**



feel motivated to do their best at work when their **executives support wellbeing initiatives?**<sup>1</sup>

## Custom solutions for your employees.

### Preventive Health Assessments

This comprehensive head-to-toe assessment helps your employees understand the status of their health so they can mitigate any risks they may have. When done annually, the Preventive Health Assessment can help individuals be healthier, in turn helping their organization by keeping them healthy and at work<sup>2</sup>. Adding our Wellbeing Assessment allows your team to check in on their mental health and receive a personalized plan. Employees can also deepen the insights they receive from a Preventive Health Assessments with our genetics program, which offers tests to help understand their hereditary risk of disease, their overall genetic risk level, their medication response and more.

## Precision Health

Revolutionize your approach to prevention and take charge of your employees health journey with Precision Health. Through millions of data points gathered from imaging, genomics and bioanalytics, unlock a new level of health knowledge to help your employees live exceptionally. Located in vibrant downtown Calgary within the iconic TELUS Sky building, the space has been meticulously curated around the individual to create a profoundly human health experience.

## Occupational Health services


A proactive, preventive approach to health and safety. We offer assessments and intervention strategies to reduce and mitigate risk in the workplace. Services range from temporary on-site services through mobile units, support with on-site clinics or an experienced partner to manage risk in remote locations.

Here for you in business and in life.

Find out how we can help you build health programs that make a difference.

[telushealth.com/carecentres](https://telushealth.com/carecentres)

Did you know?

**11%** more revenue 

generated per employee in companies with successful health initiatives.<sup>3</sup>



Start prioritizing your team's health.

Discover our services today

[telushealth.com/carecentres](https://telushealth.com/carecentres) | 1-800-361-3493

 **TELUS**® Health

1. <https://www.apa.org/news/press/releases/2016/06/workplace-well-being>
2. Service coverage offered under the Preventive Health Assessment are strictly for uninsured services and not publicly insured services. Publicly insured services will be billed to the provincial insurance plan by TELUS Health Care Centres and not the client or eligible individual. Purchase of the Preventive Health Assessment is not a condition to access insured physician services. Some components of the assessment may vary depending upon the patient's age, gender, and personal risk factors, as well as provincial and College regulations. The Select protocol is not available in Quebec. In Quebec, a patient can only do the tests noted with an asterisk (\*) if the physician determines that these tests are medically necessary during the patient's initial medical assessment.
3. Buffett National Wellness Survey, 2011 <https://www.sunlife.ca/static/canada/Sponsor/About%20Group%20Benefits/Group%20benefits%20products%20and%20services/The%20Conversation/Bright%20Papers/files/1748-03-12-e.pdf>